



Webinar

What is healthy governance?

With Lucy Bryne



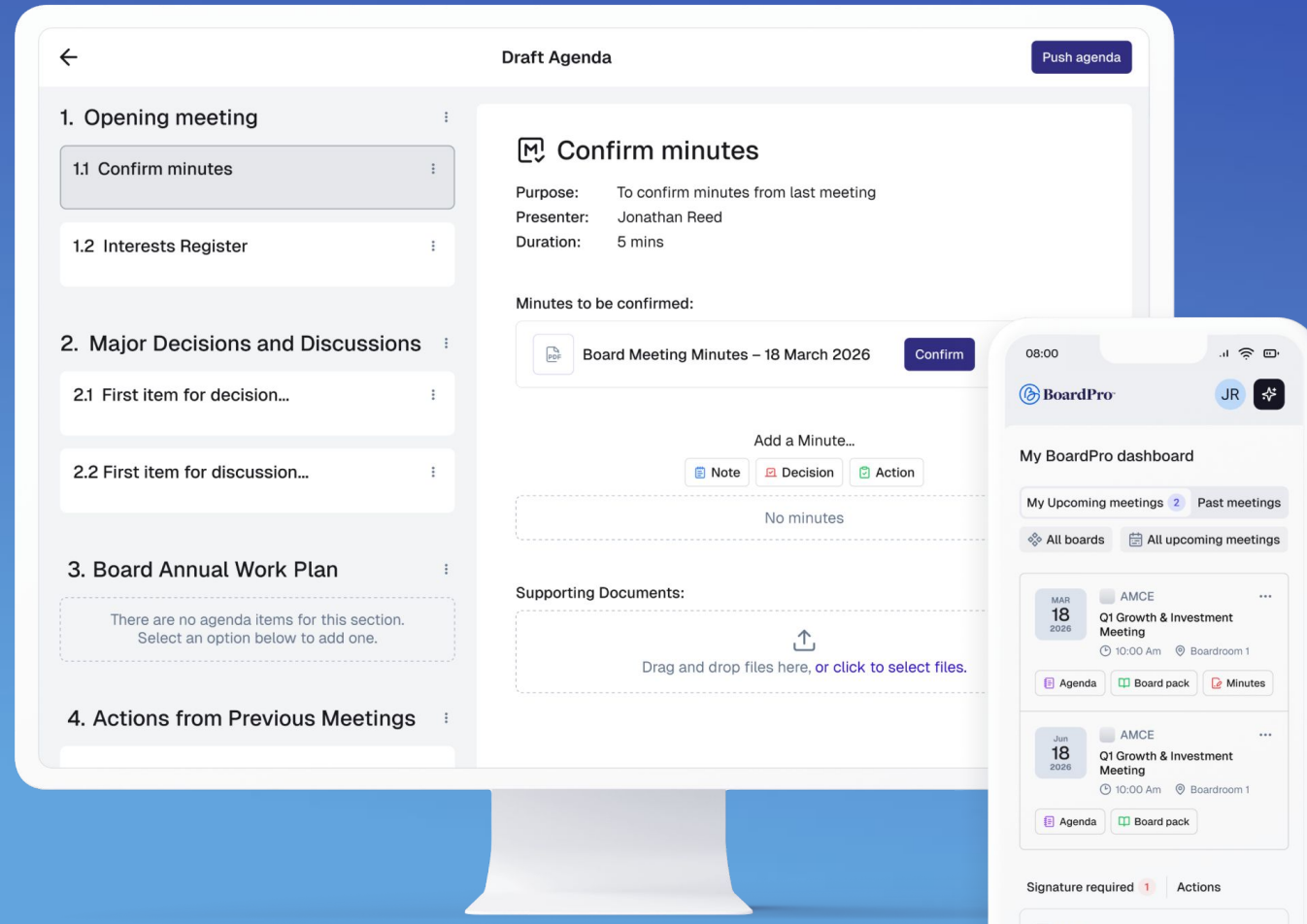


BoardPro™

The main logo for BoardPro, featuring a large blue stylized 'B' inside a circle on the left, followed by the text 'BoardPro' in a bold, black serif font with a trademark symbol (TM) to its upper right.



Refreshingly simple board management software





**Making the fundamentals of
governance free and
easy to implement**



Governance Made Easy

Governance Resource Center

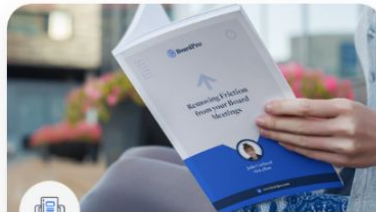
Explore free governance resources for growing your organisation and adopting good governance practises. From meeting minutes templates to CEO reporting templates, our comprehensive guides and templates will cover your governance and business essentials.

Content type ▾

Topic ▾

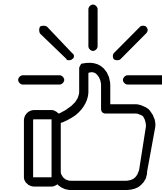
Persona ▾

Search





Slides, webinar video, and transcript will be sent to you. Sit back, relax and enjoy the conversation





Lucy Bryne

Managing Director
Healthy Tasmania



**Julie Garland
McLellan**

Managing Director
Directors Dilemma



Lynda Carroll

CEO
Align Group

| Healthy Governance Framework TM



Governance training that is: accessible, achieve and actionable.

| Acknowledge attributes

Acknowledge
attributes



“

Courage is what it takes to stand up and **speak**.
Courage is also what it takes to sit down and **listen**.

- *Winston Churchill*

Attributes

Feel

Competencies

Qualities

Safe	Strategic expertise	Integrity, respectful
Valued	Legal knowledge	Curiosity and courage – Ask questions
Included	Risk management knowledge	Interpersonal skills
Inspired	People management	Genuine interest
Part of a team	Industry/technical knowledge	Flexibility and adaptability
Challenged	Financial acumen	Communication skills/contributor
Confident	Governance experience	Reliable



“

Be strong, but not rude.

Be kind, but not weak.

Be bold, but don't bully.

Be humble, but not shy.

Be proud, but not arrogant

- *Jim Rohn*

| Understand obligations



Fiduciary Duties

Not improperly use information or position

Manage conflicts of interest

Act with reasonable care and due diligence

Director Obligations



Act in good faith in best interests of the company

Statutory Duties

Understand finance and record keeping obligations

Be aware of relevant laws and compliance obligations

Prevent insolvent trading

Board Obligations

1.

Strategy

Set the strategic direction

2.

Resources

Secure financial and human resources

3. Risk

Set risk appetite and oversees risk management



4.

Compliance

Oversee legal and regulatory

5.

Performance

Monitor organisation and CEO performance

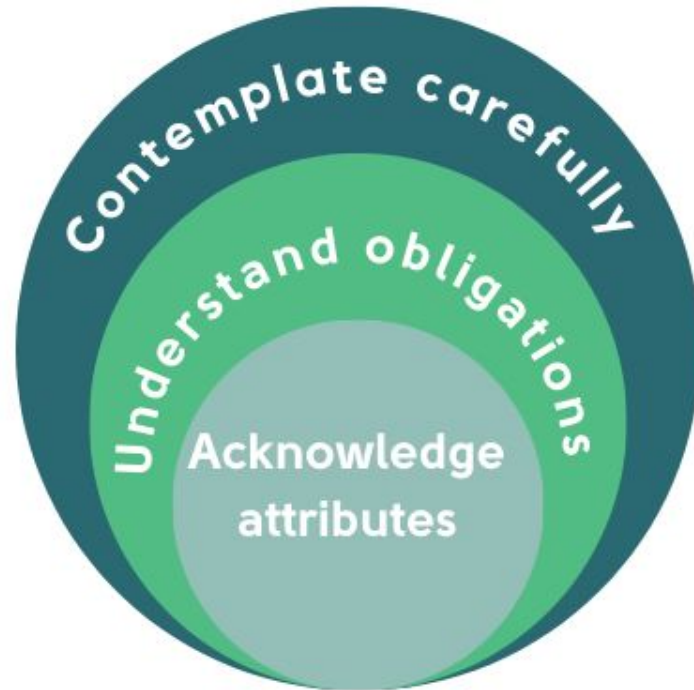
6. Accountability

Report to stakeholders, members, community, funders

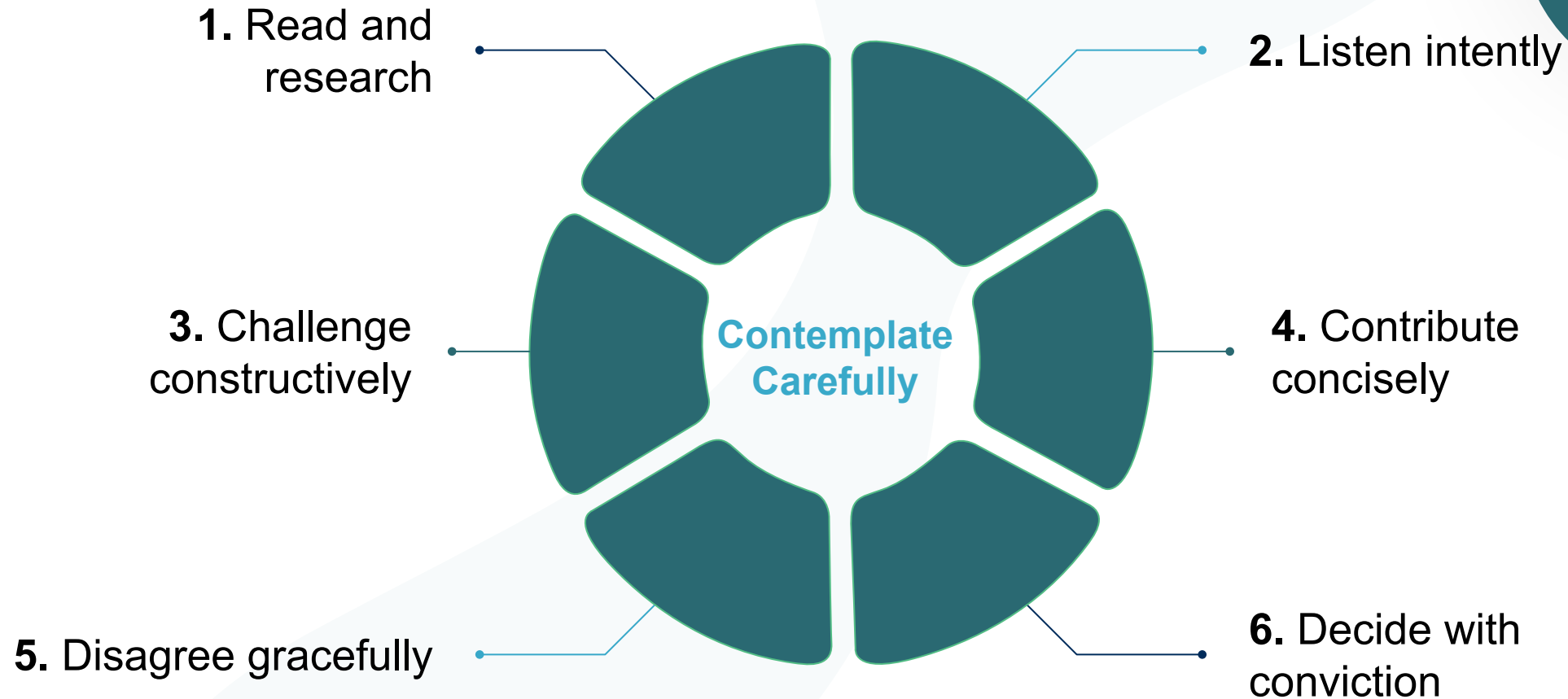


- **Breath regulation and stress management**, enabling directors to remain calm and present in complex or high-pressure discussions.
- **Physical wellbeing**, recognising the connection between physical health and cognitive performance.
- **Sleep and recovery**, which are critical for decision-making, attention, and memory.
- **Social connection**, supporting perspective, resilience, and emotional balance.
- **Mental fitness**, including reflection, focus, and the ability to manage cognitive load.

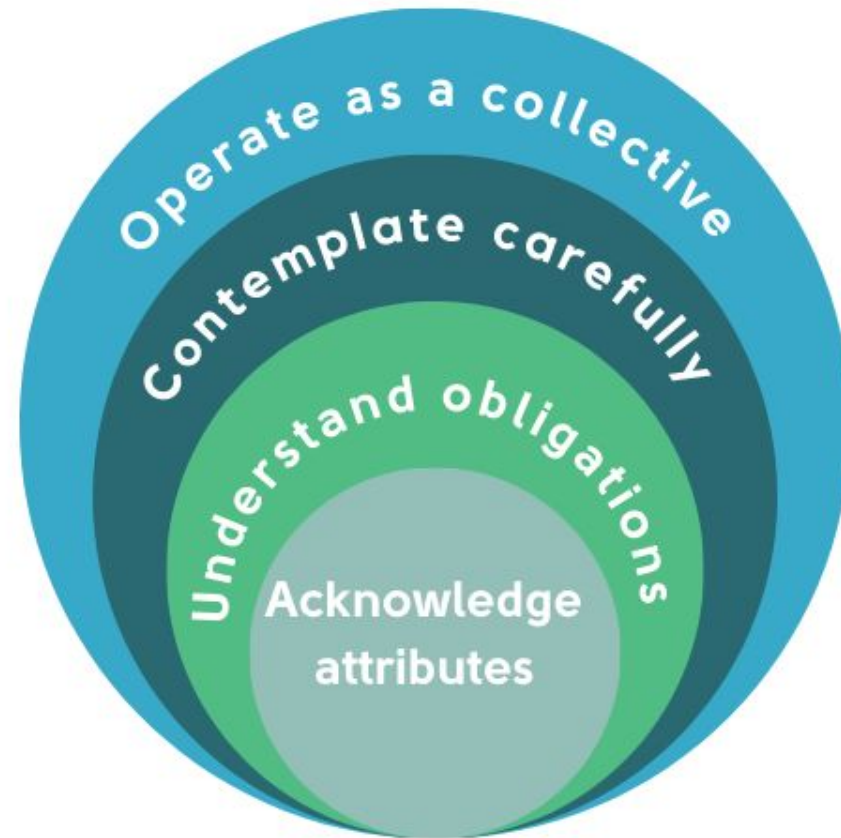
| Contemplate carefully



| 6 Steps of contemplation™



| Operate as a collective



| Board culture

Culture is the collection of shared **values, beliefs, and assumptions** that guide how people **behave** within an organisation.

It's often summed up as **'what people do when no one is watching.'**

Although culture can feel vague and hard to define or measure, it plays a strong role in shaping how people think, act, and interact within an organisation.

Culture eats strategy for breakfast...

| Board culture



| Review, reflect, renew



| Board performance

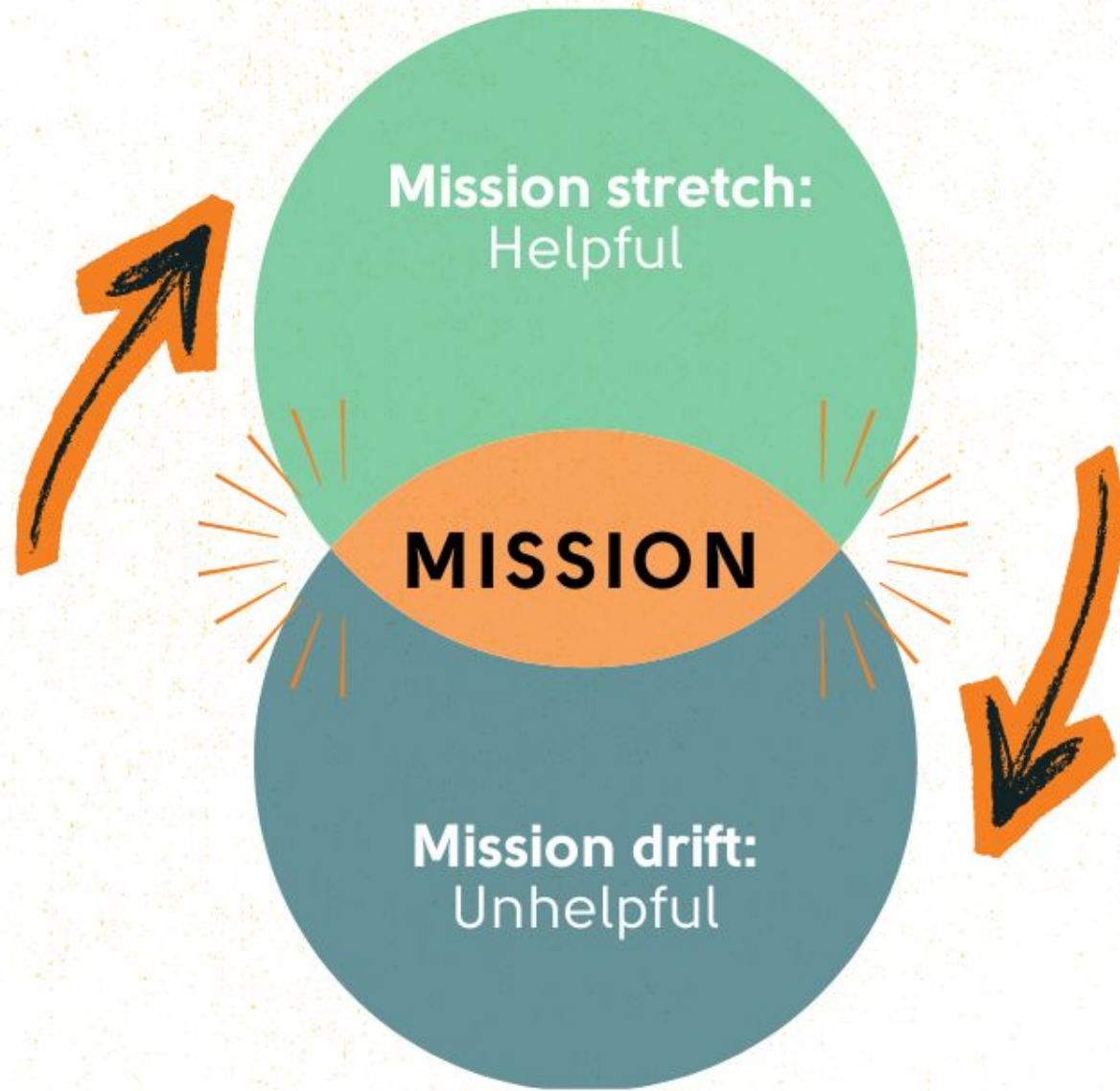


Board and individual director evaluations are critical because individuals and groups need feedback on performance if they are to continue to grow and improve.

“

Annual board evaluations are now commonplace for both for-profit and not-for-profit organisations with specific board evaluation recommendations forming a key component of nearly every major corporate governance standard”

Keil. G Nicholson, *Reviewing your board: A guide to board and director Evaluation*, AICD.



What makes an effective board?

1. Acknowledge Attributes

- Understand your own and others' traits, skills, and competencies
- Understand emotional intelligence
- Create psychological safety

2. Understand Obligations

- Be clear about your role and responsibilities as directors
- Fulfil statutory and fiduciary duties
- Manage conflicts of interest
- Lead, don't manage operations

3. Contemplate Carefully

- Listen intently, challenge constructively, disagree gracefully
- Ask: What do we want to achieve? What do we need to know? What can I add?
- Ensure board information is timely and fit for purpose
- Contribute concisely and decide with conviction
- Be mindful

4. Operate as a Collective

- Work as a team with shared purpose
- Engage with staff, funders, clients, and stakeholders
- Focus on culture, collaboration, and governance tools

5. Review, Reflect, and Renew

- Evaluate performance, composition, and culture regularly
- Value diversity and plan for succession
- Refresh membership with turnover and succession
- Commit to ongoing learning and development

Healthy Governance





Lucy Bryne

in www.linkedin.com/in/lucy-byrne-gaicd-cpf-71892930



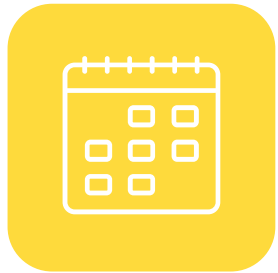
Julie Garland McLellan

in www.linkedin.com/in/juliegarlandmclellan



Lynda Carroll

in www.linkedin.com/in/lynda-carroll-39b3a213



Webinar Schedule

2026

280.	What is healthy governance?	Recorded
281.	The art of presenting to boards	June 4
282.	Tension Tolerance: fostering healthy debate around the board table	June 11
283.	Strategic differentiation - How it informs strategy	June 18
284.	The importance of culture governance	June 25



Thinking about board
management software
for your organisation?

→ 30 Day free trial

→ No credit card required

www.boardpro.com/free-trial